**PROCEDURE REPORT**

**Name:**  **Date:**

**Location:**  **DOB:**

**PROCEDURE:** Left acromioclavicular joint under ultrasound guidance.

Technique: After obtaining informed consent, the patients left acromioclavicular joint was palpated for the painful area of complaint.

The patient was seated in an upright position. The left acromioclavicular joint was cleansed with alcohol prep pad. The medication combination below was drawn using a 3 mL sterile syringe with a 27gauge one and a half inch sterile needle. The syringe is held at a 90° angle and advanced into the left acromioclavicular joint. The plunger is aspirated and no blood is drawn back into the syringe. The plunger of the syringe is pushed forward to inject content of syringe into left acromioclavicular joint. Needle and syringe is retracted from left acromioclavicular joint. Needle and syringe were retracted from the trapezius.

**\_2\_cc of 1% lidocaine \_1\_cc of 40mg/cc of depomedrol**

The mixture was injected after **aspiration was negative for blood or air. The ultrasound machine was also used to visualize the medication going into the muscles to avoid any vulnerable areas such as arteries, veins and nerves**. After aspiration to make sure that the needle was not inside a vessel, a mixture of the following medication was injected in the above trigger point regions. As no fluid was aspirated out, no sample was sent to the lab for cytology.

A bandage was placed over injection site. The patient tolerated the procedure well and was discharged without complications.

This should stand for the letter of medical necessity for the requested procedure.